SaDSA Champs 2024

A/B/C Short Course

***(Affiliated to SENER Region) Under SE Laws & SE Technical Rules***

##### LEVEL 3 License Number:

(For entry into Regional and County Championships)

## Sunday 17th November 2024

**Everyone Active Scarborough**

**AGE AS 31st December 2024**

# Events

All age groups – 50m All Strokes All age groups – 100m All Strokes

All age groups – 100m Individual Medley All age groups – 200m Individual Medley

## Awards

9/10/ 11/12/13 / 14 / 15 yrs & over **1st - 3rd**

## Entries

###### £5.00 per individual entry

Accepted on a first come first served basis

ALL SPECTATORS TICKETS on the day First Come First Serve

##### AGE AS 31st December 2024

**Closing Date: Midnight 26th OCTOBER 2024 Unless full before hand**

# Icon  Description automatically generatedGeneral Information

###### Organisation

* The Championships will be held under SE Laws and Technical Rules of Swimming.
* AGE AS 31st December 2024
* Over the top starts will be used at the discretion of the Lead Referee and Meet Management.
* Integrated heats will be seeded according to entry times.
* All events are heat declared winners.

###### Venue

* Everyone Active Scarborough, Scarborough Sports Village.

###### Pool

* 25m, 8 Lane Pool with anti-wave ropes.
* Large scoreboard and electronic timing used throughout the meet.

###### Timing

* Electronic timing will be used throughout the meet.

###### Session Times

* Sunday Morning Warm Up – 08:30am Start – 09:25am
* Sunday Afternoon Warm Up – 13.00pm Start – 13.55pm

###### Individual Events

* All ages graded other than 9yrs – 50m, 100m, IM 100m, IM 200m all strokes.
* All events are heat declared winners

**Promoter: Kev Sissons**

###### Awards

* Age groups 9, 10 , 11, 12, 13 ,14 & 15yrs plus medals 1st – 3rd

###### Coaches Passes

* Every Club must provide min 1 Coach on poolside maximum 4, Coaches will not be allowed on the deck whilst events are running and should remain with their team. This is to assist the official’s safe and clear passage up and down the poolside. This will be policed so please just play by the rules.

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###### Entry Procedures and Fees

* + All entries are £5.00 per individual event and to be submitted using open meets online entry system.
	+ Entries open: 7TH SEPTEMBER 2024.
	+ Entries will be accepted on a first come first serve basis providing that the entry times are no greater than the upper limit times. **It may be necessary to close entries prior to the official closing date**;
	+ Poolside entries may be accepted at the discretion of the Promoter;
	+ Complete entry forms online at: <http://www.openmeets.co.uk/entry_sys> If you have queries, please contact Cris Lewis at: entrymanagement@openmeets.co.uk
	+ Swimmer entry fees and other requisite fees to:

SaDSA Treasurer Chris Rhodes E-Mail: treasurer@thesadsa.co.uk

If paying via **BACS, preferred method**, please email Chris to confirm.

SaDSA bank account details are:

**Sort code: 09-01-27 A/c 80703178**

**ENTRY CLOSING DATE: Midnight 26th OCTOBER 2024 unless full beforehand**.

###### Entry Cards

* + This meet is cardless. All entry withdrawal forms must be presented to the recorders desk within 10mins of the start of warm-ups for each session.

###### Spectators

* + **Admission for spectators will be:**
	+ Adults / Children/OAP’s **£4.00 per session or £6 for both payable separately each session, show morning band for discounted afternoon price**
	+ All spectators tickets must be purchased on the day from the MEET DESK IN THE FOYER
	+ Spectator’s tickets will be on a first come first served basis.
	+ **No entry on day without a ticket**.

###### Photography

* + Anyone wishing to engage in zoom or close range photography must register on entry.
	+ **Further Information**
	+ For further information, please contact:
	+ E-Mail: kev@bridswimclub.co.uk
	+ Telephone: 07400 052646

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**Female A GRADE**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Age:** | **9** | **10** | **11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle |  |  |  |  |  |  |  |
| 100m Freestyle |  |  |  |  |  |  |  |
| 50m Breaststroke |  |  |  |  |  |  |  |
| 100m Breaststroke |  |  |  |  |  |  |  |
| 50m Butterfly |  |  |  |  |  |  |  |
| 100m Butterfly |  |  |  |  |  |  |  |
| 50m Backstroke |  |  |  |  |  |  |  |
| 100m Backstroke |  |  |  |  |  |  |  |
| 100m IM |  |  |  |  |  |  |  |
| 200m IM |  |  |  |  |  |  |  |

**Female B Grade (not faster than)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Age:** | **9** | **10** | **11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle | None | 39.60 | 36.50 | 35.10 | 34.10 | 33.10 | 32.40 |
| 100m Freestyle | - | 1:30.50 | 1:23.10 | 1:16.90 | 1:13.80 | 1:12.00 | 1:10.80 |
| 50m Breaststroke | None | 51.30 | 47.00 | 44.50 | 42.90 | 41.70 | 40.80 |
| 100m Breaststroke | - | 1:54.30 | 1:44.50 | 1:37.50 | 1:33.80 | 1:28.80 | 1:26.50 |
| 50m Butterfly | None | 44.00 | 40.40 | 38.70 | 37.00 | 36.20 | 35.30 |
| 100m Butterfly | - | 1:42.00 | 1:33.00 | 1:28.70 | 1:22.30 | 1:18.20 | 1:15.70 |
| 50m Backstroke | None | 45.20 | 41.20 | 39.80 | 38.30 | 37.80 | 37.40 |
| 100m Backstroke | - | 1:40.00 | 1:32.00 | 1:27.10 | 1:22.50 | 1:18.50 | 1:16.60 |
| 100m IM | None | 1:40.80 | 1:32.10 | 1:28.10 | 1:25.20 | 1:23.50 | 1:20.60 |
| 200m IM | - | - | 3:17.00 | 3:06.90 | 2:58.50 | 2:52.00 | 2:47.60 |

**Female C Grade (not faster than)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Age:** | **9** | **10** | **11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle | None | 44.60 | 41.00 | 39.50 | 38.50 | 37.00 | 36.00 |
| 100m Freestyle | - | 1:41.00 | 1:31.00 | 1:26.00 | 1:21.00 | 1:18.00 | 1:14.50 |
| 50m Breaststroke | None | 57.70 | 52.70 | 50.00 | 48.10 | 46.80 | 45.70 |
| 100m Breaststroke | - | 2:08.00 | 1:59.00 | 1:52.00 | 1:47.00 | 1:41.00 | 1:36.50 |
| 50m Butterfly | None | 49.50 | 45.50 | 43.50 | 41.60 | 40.70 | 39.80 |
| 100m Butterfly | - | 1:55.00 | 1:46.00 | 1:39.50 | 1:31.50 | 1:27.00 | 1:20.50 |
| 50m Backstroke | None | 50.70 | 46.00 | 44.60 | 43.00 | 42.60 | 41.90 |
| 100m Backstroke | - | 1:56.00 | 1:44.00 | 1:38.00 | 1:32.50 | 1:25.00 | 1:20.00 |
| 100m IM | None | 1:53.40 | 1:43.50 | 1:38.00 | 1:35.00 | 1:33.50 | 1:30.00 |
| 200m IM | - | - | 3:40.00 | 3:30.00 | 3:15.00 | 3:08.00 | 3:00.00 |

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**Open / Boys A Grade**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Age:** | **9** | **10** | **11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle |  |  |  |  |  |  |  |
| 100m Freestyle |  |  |  |  |  |  |  |
| 50m Breaststroke |  |  |  |  |  |  |  |
| 100m Breaststroke |  |  |  |  |  |  |  |
| 50m Butterfly |  |  |  |  |  |  |  |
| 100m Butterfly |  |  |  |  |  |  |  |
| 50m Backstroke |  |  |  |  |  |  |  |
| 100m Backstroke |  |  |  |  |  |  |  |
| 100m IM |  |  |  |  |  |  |  |
| 200m IM |  |  |  |  |  |  |  |

**Open / Boys B Grade (not faster than)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Age:** | **9** | **10** | **11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle | None | 39.14 | 36.20 | 34.00 | 32.50 | 31.30 | 30.00 |
| 100m Freestyle | - | 1:30.30 | 1:23.40 | 1:16.40 | 1:10.50 | 1:07.20 | 1:03.90 |
| 50m Breaststroke | None | 50.30 | 46.90 | 43.40 | 40.60 | 38.80 | 37.00 |
| 100m Breaststroke | - | 1:56.30 | 1:45.80 | 1:37.00 | 1:29.90 | 1:24.80 | 1:21.00 |
| 50m Butterfly | None | 43.90 | 40.40 | 37.50 | 35.70 | 34.00 | 32.50 |
| 100m Butterfly | - | 1:43.40 | 1:33.7 | 1:26.20 | 1:19.20 | 1:14.80 | 1:11.00 |
| 50m Backstroke | None | 46.20 | 42.00 | 39.20 | 37.10 | 35.70 | 33.10 |
| 100m Backstroke | - | 1:42.80 | 1:33.50 | 1:26.10 | 1:19.90 | 1:14.90 | 1:11.50 |
| 100m IM | None | 1:39.70 | 1:33.00 | 1:27.00 | 1:21.60 | 1:18.00 | 1:14.50 |
| 200m IM | - | - | 3:22.30 | 3:06.80 | 2:53.30 | 2:43.40 | 2:35.80 |

**Open / Boys C Grade (not faster than)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Age:** | **9** | **10** | **11** | **12** | **13** | **14** | **15+** |
| 50m Freestyle | None | 43.80 | 40.60 | 38.00 | 36.60 | 35.00 | 33.60 |
| 100m Freestyle | - | 1:44.00 | 1:35.00 | 1:26.00 | 1:17.50 | 1:13.00 | 1:09.00 |
| 50m Breaststroke | None | 56.60 | 52.60 | 48.70 | 45.50 | 43.50 | 41.50 |
| 100m Breaststroke | - | 2:13.00 | 159.00 | 1:50.50 | 1:40.00 | 1:33.50 | 1:29.00 |
| 50m Butterfly | None | 49.50 | 45.50 | 42.40 | 40.50 | 38.00 | 36.60 |
| 100m Butterfly | - | 2:00.00 | 1:46.50 | 1:37.50 | 1:29.10 | 1:23.50 | 1:19.00 |
| 50m Backstroke | None | 52.00 | 47.00 | 44.10 | 41.40 | 40.00 | 37.00 |
| 100m Backstroke | - | 1:58.50 | 1:47.50 | 1:38.50 | 1:28.50 | 1:22.50 | 1:18.00 |
| 100m IM | None | 1:52.00 | 1:44.50 | 1:37.00 | 1:31.80 | 1:27.80 | 1:23.00 |
| 200m IM | - | - | 3:55.00 | 3:30.80 | 3:13.10 | 2:59.00 | 2:51.20 |

### Icon  Description automatically generatedSchedule of Events

###### Session 1 - Morning

**Warm-up - Girls: 8:30am - 8:55am, Boys: 9:00am - 9:25am, First Heat 09:30am**

|  |  |
| --- | --- |
| 101 | Open / Boys 9 & over 100m Individual Medley |
| 102 | Female 9 & over 100m Butterfly |
| 103 | Open / Boys 9 & over 50m Backstroke |
| 104 | Female 9 & over 50m Breaststroke |
| 105 | Open / Boys 9 & over 200m Individual Medley |
| 106 | Female 9 & over 100m Freestyle |
| 107 | Open / Boys 9 & over 100m Butterfly |
| 108 | Female 9 & over 50m Backstroke |
| 109 | Open / Boys 9 & over 50m Breaststroke |
| 110 | Female 9 & over 100m Backstroke |

###### Session 2 – Afternoon

**Warm-up – Boys: 13:00pm - 13:25pm, Girls: 13:35pm - 13:55pm, First Heat 14:00pm**

|  |  |
| --- | --- |
| 201 | Female 9 & over 100m Individual Medley |
| 202 | Open / Boys 9 & over 100m Breaststroke |
| 203 | Female 9 & over 50m Butterfly |
| 204 | Open / Boys 9 & over 50m Freestyle |
| 205 | Female 9 & over 200m Individual Medley |
| 206 | Open / Boys 9 & over 100m Freestyle |
| 207 | Female 9 & over 100m Breaststroke |
| 208 | Open / Boys 9 & over 50m Butterfly |
| 209 | Female 9 & over 50m Freestyle |
| 210 | Open / Boys 9 & over 100m Backstroke |

##### Icon  Description automatically generated

##### Officials – We would appreciate your help

We need many officials to run a successful meet. If you are willing to officiate at our A/B/C Championships, could you please fill in the form below and email it to kev@bridswimclub.co.uk or, alternatively, just send the name and email addresses direct.

The Promoter will then contact the officials proposed nearer the date confirming when we require your help.

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Address** | **Contact No./Email** | **Qualification** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**E-Mail:** **kev@bridswimclub.co.uk** **/ 07400052646**

## PROMOTER’S CONDITIONS

### RULES OF ENTRY 2024

#### Prior to the Gala

* All competitors must be registered with the SWIM ENGLAND.
* The meet shall be run under SE Laws and SE technical rules of swimming.
* There will be NO second STROBE
* The Referee’s decision is final at all times.
* In accordance with SE Child Protection policy, all photographic equipment including mobile phones with cameras must be registered at each session.
* **The use of mobile telephonic devices on the poolside is prohibited.**
* Ages for events are 9ys and above, medals will be issued in the 9, 10, 11,12,13,14 & 15+ yrs
* Age is the swimmer’s age **AGE AS 31st December 2024**
* All entries shall be submitted before the closing date of the meet.
* Poolside or late entries will be accepted at the discretion of the Promoter.
* All entries to be submitted by each affiliated club’s Competition Secretary via an electronic system ***Open Meets***.
* All events will be swum as heat declared winner.
* Swimmers can only enter their age group events.
* There shall be separate events for males and females although, at the Promoter’s discretion, they may be swum combined.
* The Promoter reserves the right to amend the running order of events to give swimmers appropriate recovery time wherever possible.
* Entry times will be short course times for the event distance, no time entries will be allowed

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##### The Day of the Gala

* Swimmers shall be placed in graduated time order, slowest to fastest. All heats will be spearheaded.
* A list of heat and lane assignments will be printed and distributed to team managers before start of racing. It is the swimmer’s responsibility to check the heat sheet and be at the staging area on time.
* Competitors must report to their Team Manager for instructions.
* Warm up will commence one hour prior to the start of each Gala session, i.e. 08:30 and 13.00.
* All competitors must report to the Competition Steward two events before their race or, if they are in the first race of the session, report to the Competition Steward five minutes before the published start time for the session/gala.

#### Awards

* Awards will be presented to the fastest three swimmers in each event in all age 9 ,10, 11, 12, 13, 14 & 15year and over.
* Swimmers must collect their awards from the trophy table, after the results for each event have been announced / published.

****Good luck

**Scarborough & District Swimming Association**

**Supporting Local Competition 2024**